



Mera Peak Climbing Itinerary

DAY 01: ARRIVAL IN KATHMANDU (1,400M)

DAY 02: FLY TO LUKLA, ACCLIMATIZATION AND EXPLORE DAY (2800M) 30-MINUTE FLIGHT

DAY 03: TREK TO CHHUTANGA (3700M) 6 HOURS

DAY 04: TREK TO CHHATRA LA PASS (4600M) 7/8 HOUR

DAY 05: TREK TO KOTHE (3,691M/12,109FT): 6-7 HOURS

DAY 06: TREK TO THAKNAK (4,358M/14,297FT): 3-4 HOURS

DAY 07: TREK TO KHARE (5,045M/16,486FT): 2-3 HOURS

DAY 08: KHARE ACCLIMATIZATION AND PRE-CLIMB TRAINING

DAY 09: TREK TO MERA HIGH CAMP (5,780M/18,958FT): 6-7 HOURS

DAY 10: MERA HIGH CAMP TO SUMMIT (6,461M/21,1907FT) AND BACK TO KHARE (5045M/16,547FT): 8-9 HOURS

DAY 11: TREK TO KOTHE (3600M/11808FT): 4-5 HOURS

DAY 12: TREK TO THULI KHARKA (4,300 M/14,107FT): 5-6 HOURS

DAY 13: TREK TO LUKLA VIA ZATRWA LA PASSES: 6-7 HOURS

DAY 14: FLY TO KATHMANDU (30 MINUTE) EXPLORE AND SHOPPING

DAY 15: FINAL INTERNATIONAL DEPARTURE

Cost Includes

1. Airport / Hotel / Airport pick up and Drop by private car/van/bus.
2. 3* Category Hotel In Kathmandu: 2 Nights standard accommodation in Katmandu BB Plan
3. Both Way Domestic Air Ticket Kathmandu to Lukla and Lukla to Kathmandu
4. Your Meal During the Trekking as Your standard meals (3 times a day Breakfast, Lunch, and Dinner with a cup of tea or Coffee).

5. \$ 350 Per Person Special Climbing Permit.
6. Khumbu Pasang Lhamu Rural Municipality Permit
7. Makalu Barun National Park Entry Permit
8. \$ 300 Climbing Sherpa Per Person his climbing fee, insurance, equipment, food, accommodation, etc.
9. \$ 500 Garbage Deposit.
10. Climbing Gear such as Harness, figure Eight, Rope, Snow bar
11. 1-night full board Camping in Mera High Camp.
12. Accommodation in Trekking: All accommodations in lodge/tea houses during the treks.
13. Trekking Guide: An experienced, helpful, friendly, and English-speaking Trekking Guide. His well-paid salary, meals, accommodation insurance, etc.
14. Trekking Porter: porters (1 porter for 2 people) **No Porter for Single climber**
15. After the successful trip, Everest Trekking Routes will Provide an Adventure Certificate.
16. The arrangement of Emergency Helicopter service will be paid for by your Travel insurance company.
17. All government taxes and service charges.

Cost Excludes

1. Meals and Extra Accommodation in Kathmandu
2. Extra Climbing Sherpa \$ 300
3. Personal Climbing Equipment
4. personal expenses (bar bills, beer, coke, a bottle of water, hot water, phone call, laundry service, Helicopter rescue, Electronic device recharge such as Mobile, Camera, etc.)
5. Tips for guide, porters, and driver.

Rabin Gurung Everest Trekking Routes Pvt. Ltd.



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Customer Feedback on: https://www.tripadvisor.com/Attraction_Review-g293890-d12862118-Reviews-Everest_Trekking_Routes_Pvt_Ltd-Kathmandu_Kathmandu_Valley_Bagmati_Zone_Central_.html

